

Plan B One-Step® Emergency Contraception

Helps prevent pregnancy before it even happens.

When used as directed, Plan B One-Step® helps prevent pregnancy when taken within 72 hours (3 days) after unprotected sex or birth control failure.

The sooner it's taken, the better it works.

recommended

#1 OB/GYN recommended brand^{1*} of emergency contraception.

established

Chosen by millions of women.

accessible

Usually found in the feminine care aisle at many retail stores—when you need it—without a prescription or ID, and with no age restriction.

savings

Download a coupon for up to \$10 at PlanBOneStep.com.



Use as directed.

*Survey of 1000 OB/GYNs, February 2016.

Reference: 1. Data on file. Market Research, February 2016. Teva Women's Health, Inc.

For more information, visit PlanBOneStep.com, call our toll-free number at 1-800-330-1271, or talk to a healthcare professional.



what Plan B One-Step® is

- Emergency contraception that contains levonorgestrel, the same hormone used in birth control pills for several decades, just at a higher dose—and it works in a similar way to prevent pregnancy
- Just one pill that you take by mouth
- Generally safe and effective—when taken as directed, Plan B One-Step® helps prevent nearly 7 out of 8 potential pregnancies
- Some women may experience side effects, such as a period that is lighter, heavier, early or late; nausea; lower stomach (abdominal) pain/cramps; tiredness; headache; dizziness; breast tenderness; and vomiting

what Plan B One-Step® isn't

- It's not an abortion pill
- It won't work if you're already pregnant
- It won't affect an existing pregnancy
- It's not intended for routine use—Plan B One-Step® should not be used as regular birth control because it's not as effective
- It won't protect you against HIV/AIDS or other sexually transmitted diseases (STDs)
- It should not be used if you are allergic to levonorgestrel or any other ingredients in Plan B One-Step®

TEVA Women's Health

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PlanB
One-Step
levonorgestrel
Use as directed.